

MEDICAL CRITERIA FOR THE SELECTION OF DONORS

1. A donor must be between the ages of 18 thru 59. From 18 to 21 years a parent's permission is needed unless the donor is married or a member of the armed forces.
2. The donor is asked to abstain from eating an excess of fatty food at least four hours before donating (this includes cream, butter, mayonnaise and fried foods). Otherwise a donor may eat just before coming in to donate.
3. A donor may give blood every eight weeks, but not more than five times a year.
4. Prospective donors must weigh at least 110 pounds in order to give 500 cc of blood. Individuals who otherwise qualify as donors, and who are within a very few pounds of this weight, may donate 250 cc for local use if approved by the physician.
5. Existence of the following conditions usually disqualifies prospective donors, but the final decision must be made in each case by the physician:
 - a. Tuberculosis - case must be evaluated by physician.
 - b. Diabetes.
 - c. Prolonged fevers.
 - d. Rheumatic fevers - will be rejected if acute.
 - e. Chronic eczema, dermatitis, or recurring boils - accept if minor.
 - f. Cardiovascular disease - history and physical findings to be evaluated by physician.
 - g. If respective donors have been recipients of blood within the past six months they will be referred to the physician.
 - h. During pregnancy and for twelve months post partum, donors will be rejected.
 - i. Prospective donors who have undergone surgery within the past six months will be referred to the physician.
6. Immunizations:
 - a. Donors may donate blood 24 hours after receiving any one of the following shots: Polio, Tetanus, Typhoid, Typhus, Rocky Mountain Spotted Fever, Influenza, Cholera, Diphtheria.
 - b. Rabies - Donors may be accepted when one year has elapsed since last immunization.
 - c. Smallpox - Donors may be accepted two weeks after an immune reaction or after scabs come off.
 - d. Yellow Fever - Donors may be accepted two weeks after last injection.
 - e. Vitamin, Hormone, Liver, and other injections - Donors must be evaluated by the physician on an individual basis.
 - f. Penicillin - Donor will be rejected until the cause for which the penicillin was given has been completely healed.
7. A donor who has had mononucleosis will be accepted after a year or more.

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8. Malaria - Donors who have had a history of malaria or who have received intensive suppressive therapy, but have had no clinical attack in the preceeding six months may be accepted for donations to be used for PLASMA ONLY. If there has been no attack in the past four years the donor will be accepted for whole blood transfusions.
9. Jaundice or infectious hepatitis - Donors will be accepted if they have not had an attack in the past two years - blood will be used for FRACTIONATION ONLY.
10. Occupation - Flight crews of commercial planes and members of the armed services, including paratroopers, who will participate in flight operations within 14 days, will not be accepted.
11. General -
 - a. All crew members of Army aircraft will be excused from participation in blood donation drives.
 - b. Individuals on flying status assigned to staff positions will not be encouraged to donate blood except where a rare blood type is involved or in an unusual emergency.
 - c. Personnel donating blood will not perform flying duties for a period of 72 hours following the donation.

~~On matters of a medical nature about which you may be in doubt and which are not covered in the above information - please call our physician on duty ... Executive 3-7600, Ext. 377.~~